

AGEWELL STUDY

**GENDER DISCRIMINATION
AMONG OLDER WOMEN IN INDIA
FEBRUARY 2015**

**SPECIAL REPORT ON
UTTAR PRADESH**



Agewell

Agewell Foundation
*(In Special Consultative Status with
ECOSOC at United Nations since 2011)*

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**GENDER DISCRIMINATION
AMONG OLDER WOMEN IN INDIA**
- A study by Agewell Foundation

**DATA SEPARATELY ANALYZED FOR
UTTAR PRADESH**

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INTRODUCTION

Older women have more critical problems than older men in **Uttar Pradesh**. Due to social and traditional family structure they are forced to live with many limitations. Hence they find themselves marginalized and isolated all the time. As women live longer than men, a larger number of older women have to live a life of a widow in their silver years. Social marginalization, loneliness, isolation and even negligence in old age lead to basic violation of their human rights too.

Ironically, in **Uttar Pradesh** due to high prevalence of illiteracy and lack of awareness older women are not aware of their basic rights. Since most of them remain within four-walls of their homes throughout their life, they remain vulnerable. Elderly women face not only age discrimination but also gender discrimination in Old Age.

As per 2011 Census there were approx. **68 Lakh elderly women** (approx. 50.8 % of total elderly population of Uttar Pradesh) in **Uttar Pradesh**.



Gender Discrimination in Old Age

Gender inequality is prevalent in India for centuries, which is deep-rooted in almost all Indian communities and **Uttar Pradesh** is no exception. Health, education, economic and political inequalities between men and women in Uttar Pradesh is more common. Gender discrimination deprives women from availing benefits of development even in old age and marginalizes them from the mainstream.

Gender inequalities and its social causes impact elderly women's health and economic conditions. Gender inequality in India is a multifaceted issue that concerns younger and older women alike. Elderly women remain at receiving end due to gender discrimination.

OVERVIEW

Agewell Research & Advocacy Centre (for Needs & Rights of Older Persons) has recently carried out a nationwide survey to study the issues related to gender discrimination in old age in India. Being the largest populous state of country **Uttar Pradesh** was given special attention. Under the survey, it was attempted to identify responsible factors for widespread gender discrimination among older women in **Uttar Pradesh**.

In view of lack of core policies on protection of rights of elderly women and fast increasing population of elderly women, study was also focused to suggest or recommend some specific points to policy makers, planners and decision makers so that rights of elderly women could be respected at all levels. Accordingly standard social, legal, policy framework could be developed to protect their rights and interests.

Sample Size, Design in Uttar Pradesh

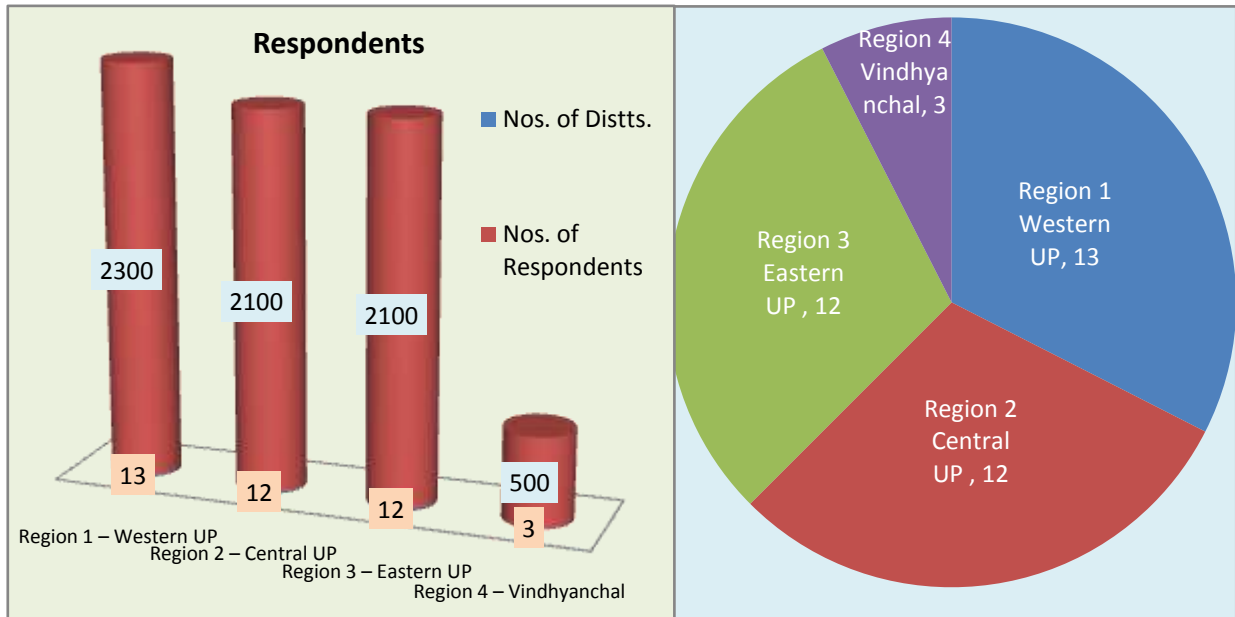
For the survey a **7000 older persons** (4000 from rural areas and 3000 from urban areas) were interviewed spread across **40 districts of Uttar Pradesh**. Volunteers' network spread across Uttar Pradesh worked as interviewers for the survey. The interviews were conducted during the month of December 2014 and January 2015.

Sample Units

The sample units were selected based on random sampling but care was taken to incorporate the representative views from five divisions as per following;

Sl.	Regions	No of sample districts	No of respondents
1.	Region 1 – Western UP	13	2300
2.	Region 2 – Central UP	12	2100
3.	Region 3 – Eastern UP	12	2100
4.	Region 4 – Vindhyanchal	3	500
	Total	40	7000

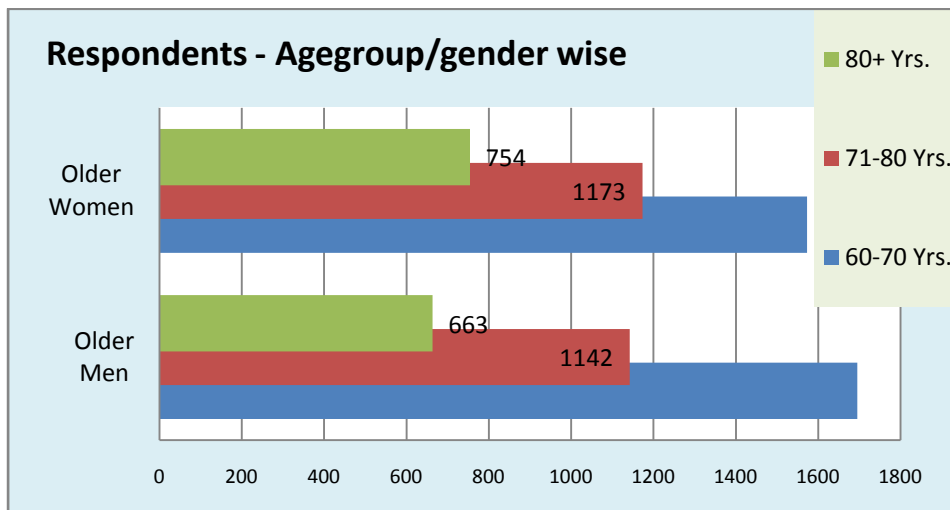
Age-group & gender wise classification of respondents



Since older persons have comparatively longer life span, under the survey older people were divided in three simple age-groups so that more realistic findings could be achieved out of the responses.

Respondents were further categorized in age & gender groups of understand the changing trends of old age better.

Categories	60-70 Years	71-80 Years	81+ Years	Total
Older Men	1695	1142	663	3500
Older Women	1573	1173	754	3500
Total	3268	2315	1417	7000

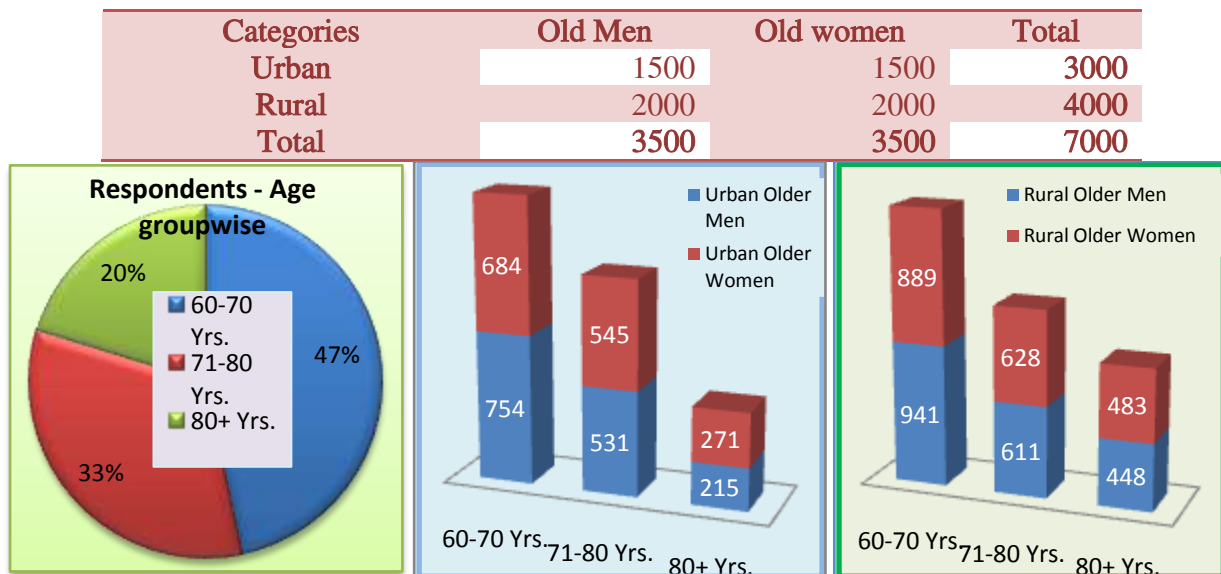


- Approximately half of representative sample size (Approx. 47%) comprises of young older persons i.e. older persons in the age group of 60-70 years of age.
- In the age groups of 71-80 and 80+, 33% and 20% elderly respondents were contacted during the survey respectively.

Sample Respondents

Since Uttar Pradesh is primarily an agrarian state, a large number of population lives in villages. Being a vast state, older persons (men & women both) also lead a diverse lifestyle in different parts of the state. Traditionally, elderly women are constrained within the rigidly controlled but regionally diverse family environment.

With objective to assess the status of older persons living in varied conditions and geographical locations, the populace of 60+ years was randomly selected as per the 4 groups i.e. Rural elderly men, Rural elderly women, Urban elderly men and Urban Elderly women.



In each group the target was to include every section of the society, specifically

- Retired older persons
- Non-pensioners/self-employed
- Labourers/farmers
- Housewives / Widows
- Professionals/ businessmen
- Literate / illiterate
- Financially secure / poor

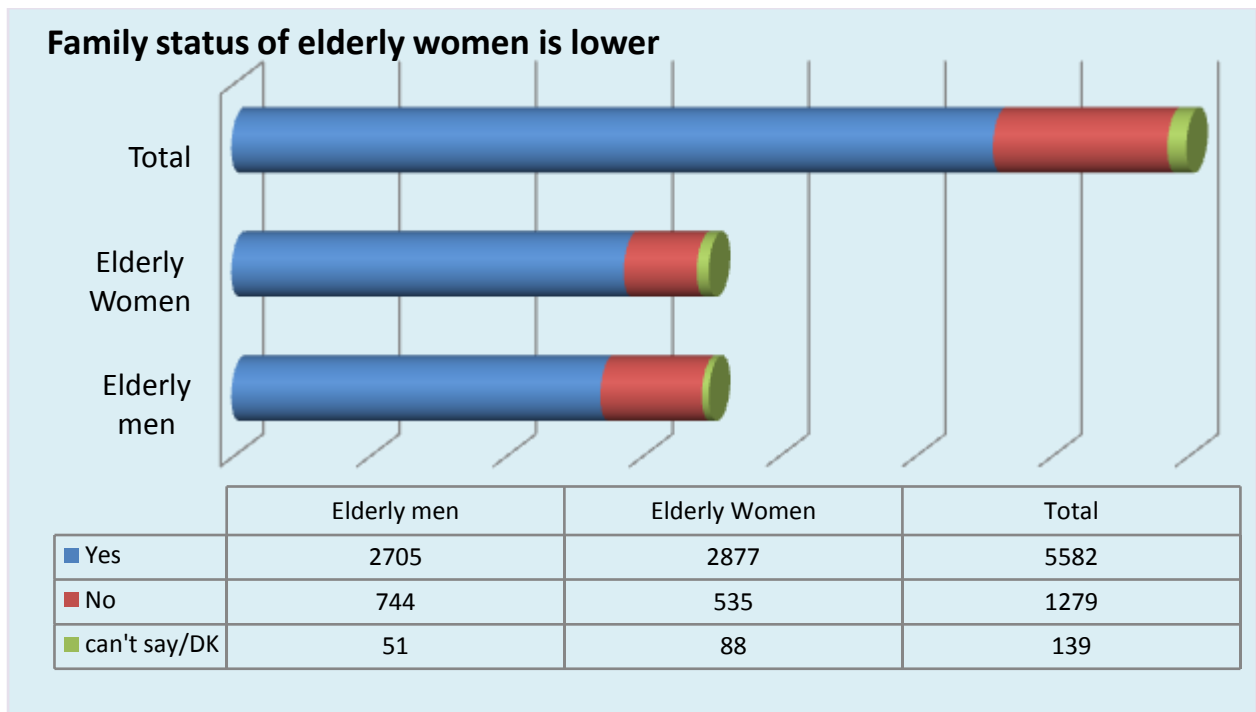
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MAJOR FINDINGS

SOCIAL

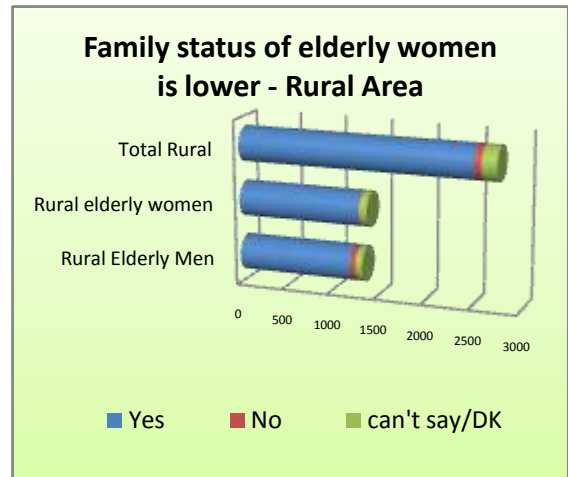
Family status of elderly women

- As per 79.7% elderly respondents (5582 respondents out of 7000) said that status of elderly women within their families is lower than male counterparts because of their gender.



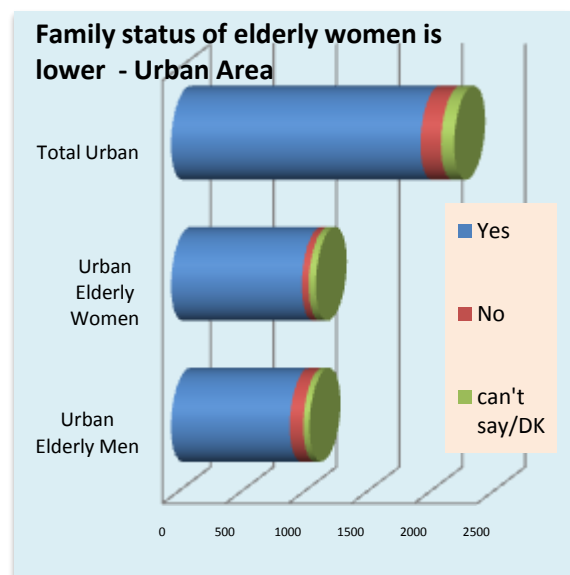
- Elderly women more strongly opined that their status is lower. 82.2% elderly women accepted that they have lower family status, whereas 77.3% elderly men were found with them to be in agreement.

- In rural areas 84.7 % elderly respondents and in urban areas 73.1% respondents said that elderly women have lower family status.
- Overall, only 18.2% elderly respondents (1279 out of 7000 respondents) opined that family status of elderly women is not lower within their family set up.
- 23.7% urban elderly and 14% rural elderly respondents said that family status of elderly women is higher



Why gender discrimination?

- They don't earn
- They are considered vulnerable.
- They may be appreciated for within the family issues but anything to do with outside world they seem to have no say.

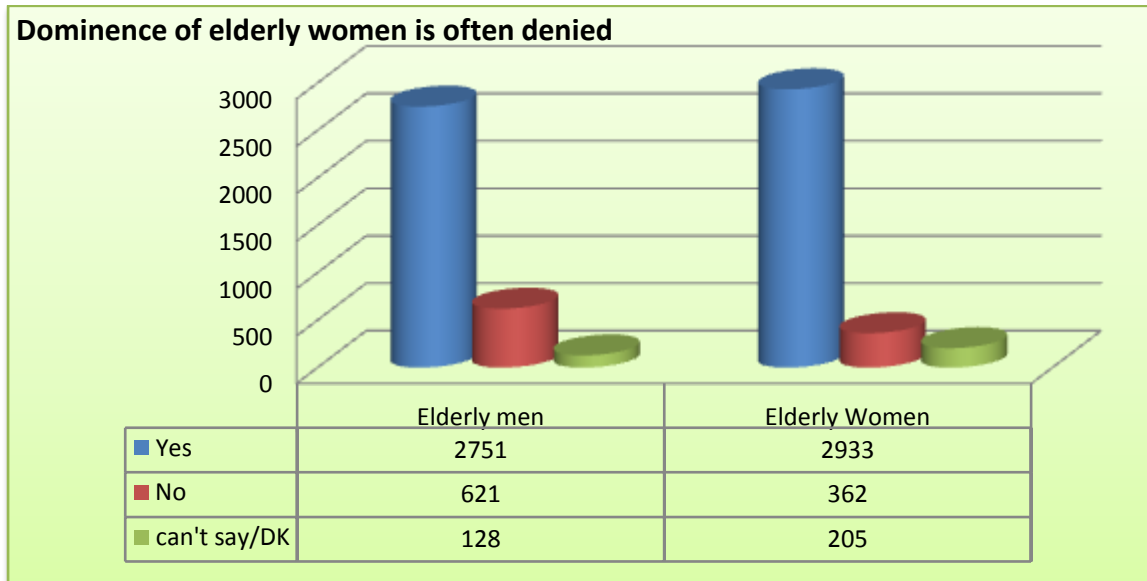


- *Elderly women are considered as second class family members. In most families their role is limited to housekeeping and care giving.*
- *Family status of elderly women is slightly higher in urban areas, because of increased awareness, better financial and health status, etc.*



Dominance of elderly women often denied due to gender discrimination

- 81% elderly respondents (5684 respondents out of 7000 respondents) acknowledged that dominance of elderly women is often denied in families in Uttar Pradesh due to gender discrimination.



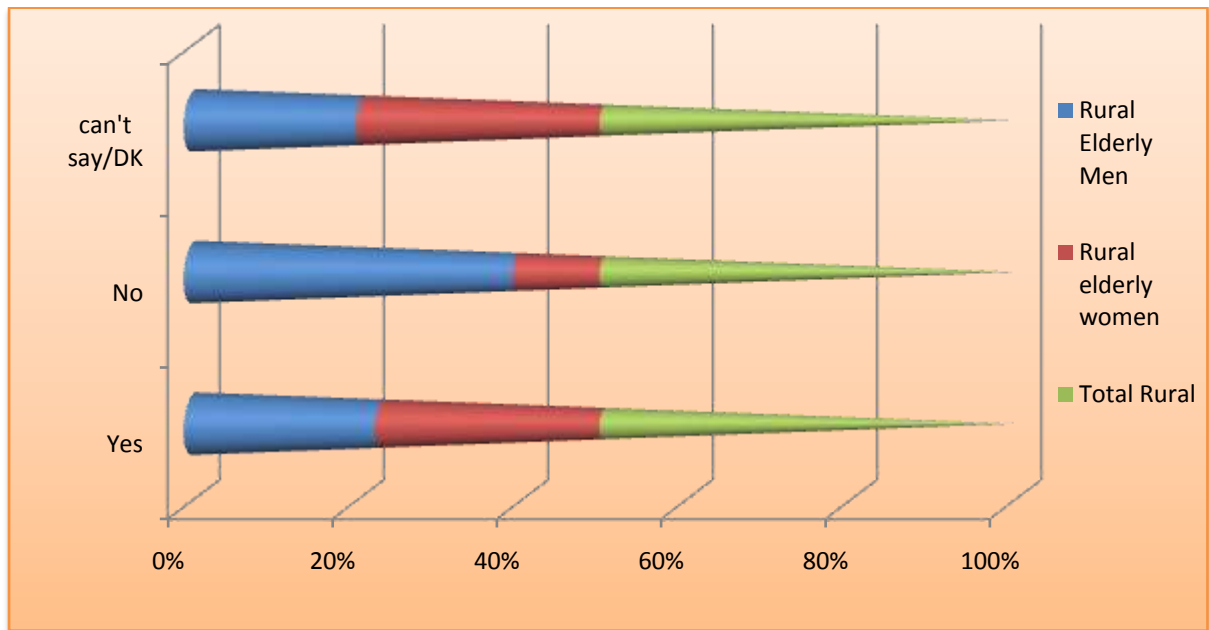
- 82.2 % elderly women and 80% elderly men accepted that dominance of elderly women is restricted due to gender discrimination.
- 82.83% rural elderly respondents said that they think elderly women are denied dominance in their families. In urban areas 80% respondents were found to be in agreement with this view.
- Only 11% respondents (9.5% rural and 13.5% urban) were of the view that gender discrimination does not matter, when dominance in family is adjudged.



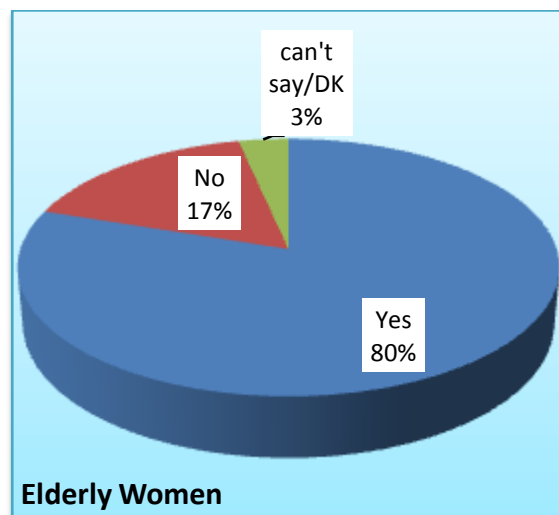
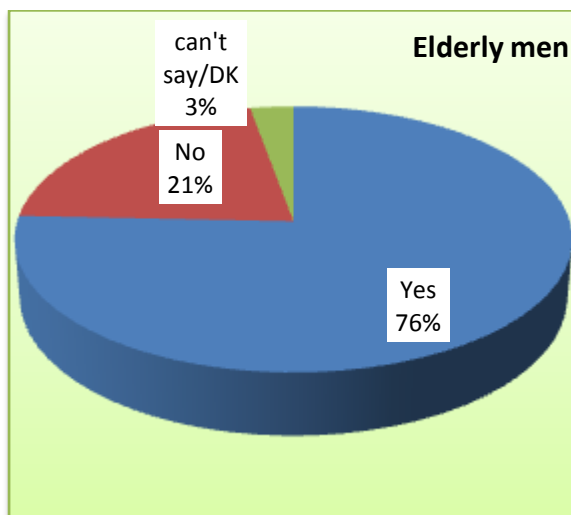
Even in natural cases like death of senior male member, senior most women are commonly denied supremacy in their respective families.

Social life of elderly women is restricted due to gender discrimination

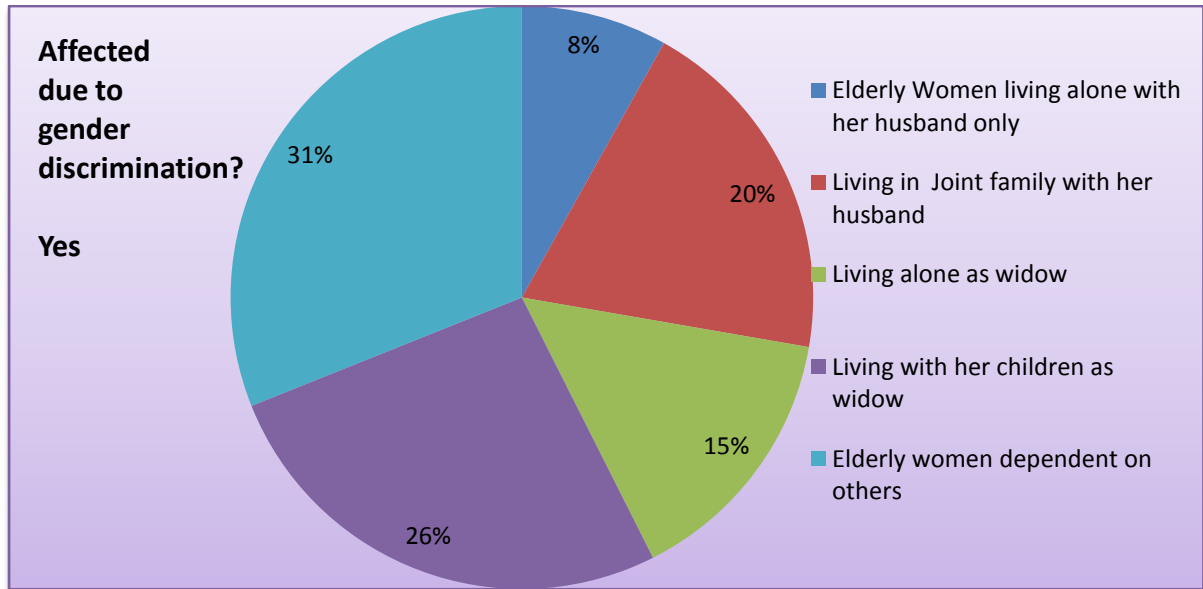
- 77.6% elderly respondents (86.7% rural elderly & 65.9% urban elderly) opined that social life of elderly women is restricted due to gender discrimination. Out of 7000 elderly respondents interacted during the survey, 5528 respondents opined this.



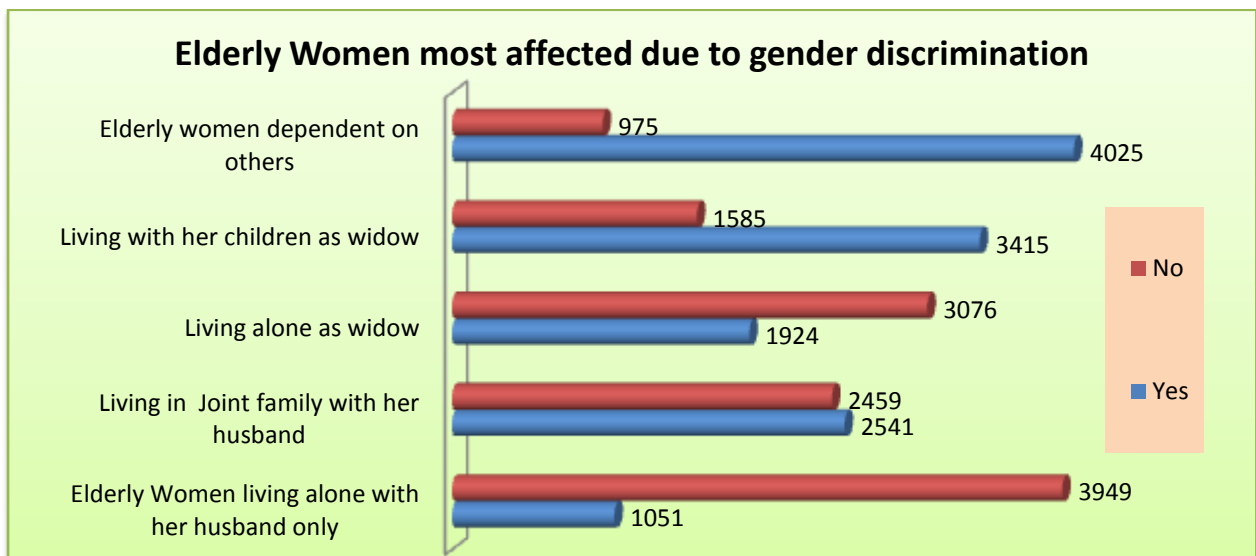
- When collected data was further analyzed, it was found that 75.68% elderly men and 78.98% agree that social life of elderly women is restricted comparatively to elderly men.
- In urban areas every 3rd respondent and in rural areas every 10th respondent were of the view that there is no restrictions on social life of older women in Uttar Pradesh.



- Only 1/5th respondents claimed that elderly women are free to lead their social life and their family members do not put restrictions on them.
- Social life of older women is restricted to family relatives only.



- When it was attempted to identify the most affected section of elderly women, it was found that as per 80.3% respondents (2625 respondents out of 7000 elderly) elderly women dependent on, other than their own family members, are living in worst conditions.
- 21.08% respondents reported that elderly women living alone with her husband are comparatively less affected due to gender discrimination.



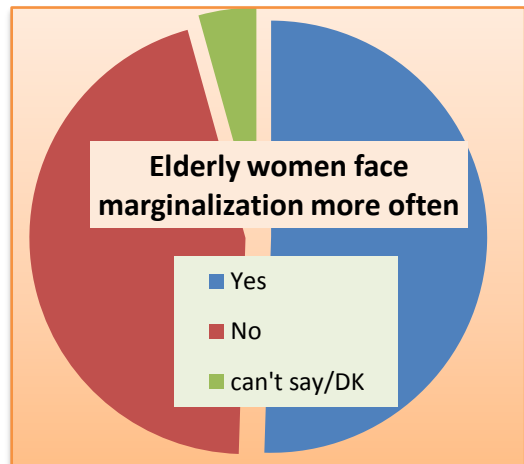
- When interviewers enquired about status of elderly woman living in joint family along with her husband, respondents were found divided in almost two

equal parts. 51% respondents said that this section of elderly women is most affected due to gender discrimination and but rest of respondents did not agree with this fact.

- Elderly women living with their children as widow are the second worst affected section of elderly women as per the respondents. 68% respondents said that these are the worst affected section of elderly women.

Marginalization/isolation due to gender discrimination

- Every second respondent (50%) said that elderly women have to face marginalization / isolation due to gender discrimination, even in old age. 52% elderly men and 48% elderly women agreed that gender discrimination causes marginalization / isolation of elderly women.



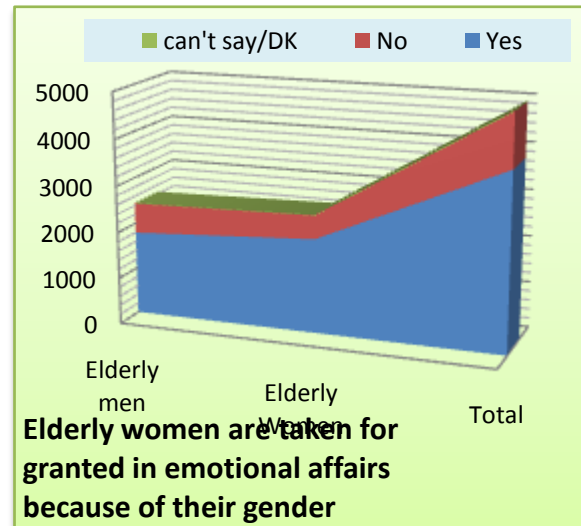
- In rural areas 40.1% respondents maintain that elderly women face marginalization in old age due to gender discrimination, whereas in urban areas 63.3% elderly respondents claimed the same.
- As per elderly respondents living in urban areas, almost 1/3rd respondents did not agree with this and said that gender discrimination is not responsible for marginalization / isolation of elderly women.
- In rural areas more than half of respondents (55.4%) also said that there is no link between marginalization of older women and gender discrimination.

- *Gender discrimination causes marginalization or isolation of elderly women and when it comes together with age discrimination it affects elderly women to a large extent.*



Elderly women are taken for granted in emotional affairs because of their gender

- 77.1% elderly respondents (73.5% elderly men and 80.2% elderly women) said that elderly women are taken for granted in emotional matters just because of their gender.
- Only 19.6% respondents i.e. 1373 out of 7000 respondents expressed that they did not agree with this.
- In rural areas 79.7% respondents accepted that feelings and emotions of the elderly women are often ignored by the family members in general.
- In urban areas 72.1% elderly respondents said that people take elderly women's sentiments lightly and never take them seriously.
- Overall only 20% respondents (18.2% in rural areas and 22.2% in urban areas) opined that elderly women are not taken for granted in emotional matters at family as well as society level.



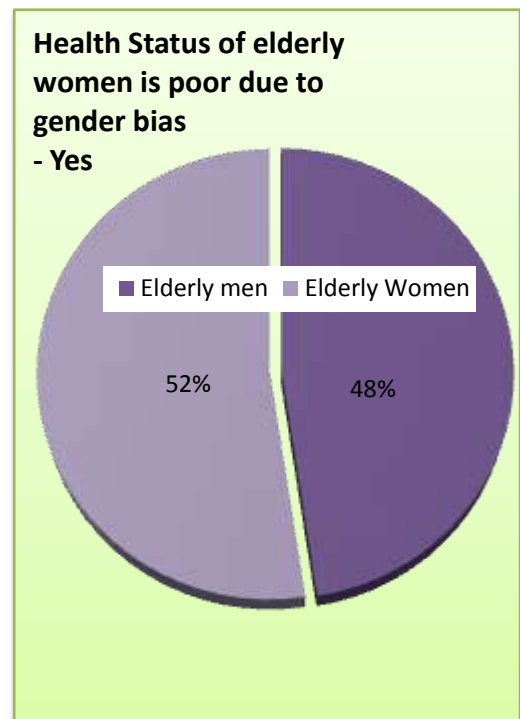
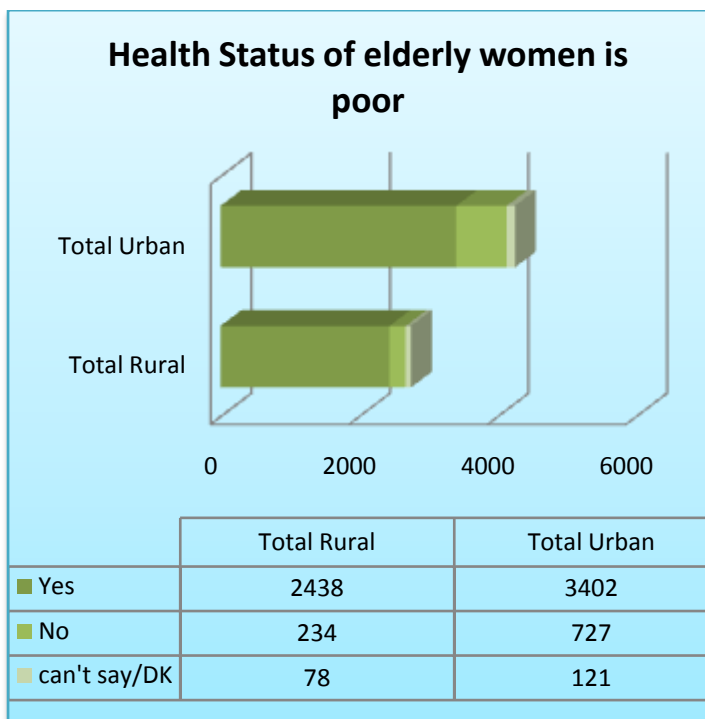
- *Elderly women have very limited role in decision making process at all levels-family, society and national.*
- *They are often exploited by others emotionally, socially, financially and even physically.*



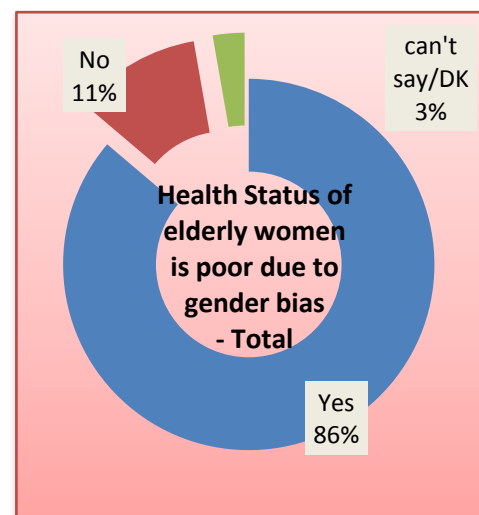
HEALTHCARE

Health Status of elderly women is poor due to gender bias

- According to 83.4% elderly respondents, health status of elderly women is neglected due to gender bias. Only 13.5% elderly said that they did not agree with this fact as gender of elderly people is not related to their poor health conditions.



- Out of 7000 elderly respondents contacted during the survey, 5840 older persons including 2812 elderly women claimed that people don't care as much for them, properly as compared to male elderly in their families.
- Only 728 elderly respondents said that health status of older women is not poor just because of their gender.



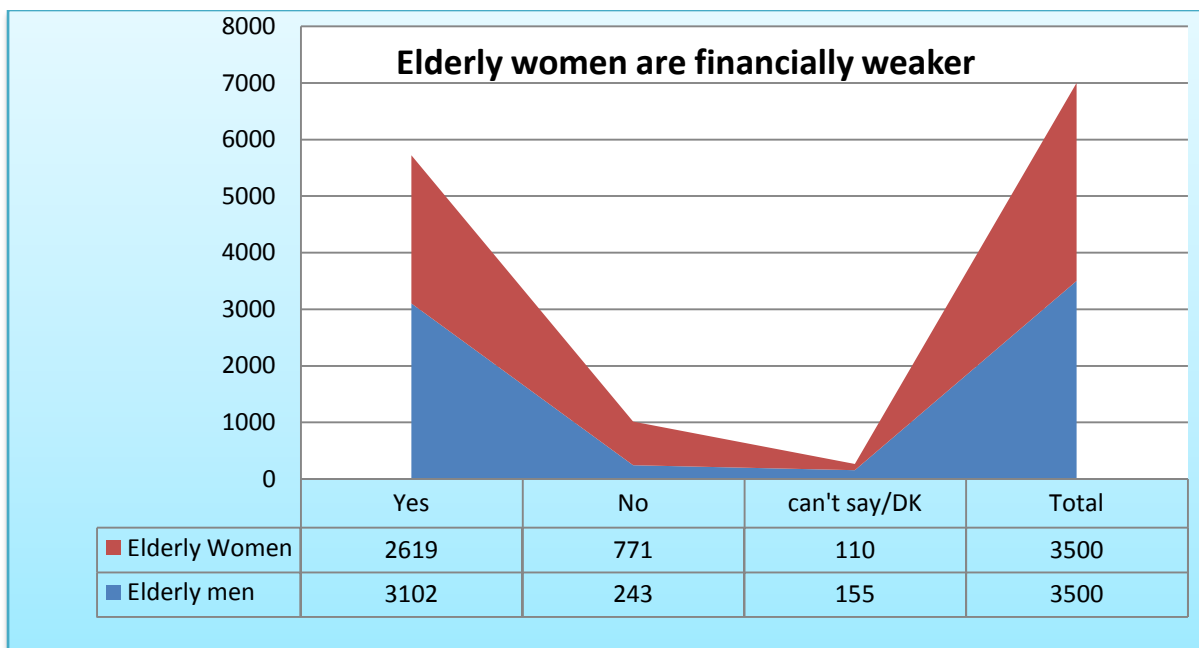
- In rural areas 88% elderly respondents claimed that gender discrimination is also responsible for poor health condition of elderly women, whereas in urban areas 83.84% elderly respondents said that elderly women do not get proper health care in comparison to their male counterparts.



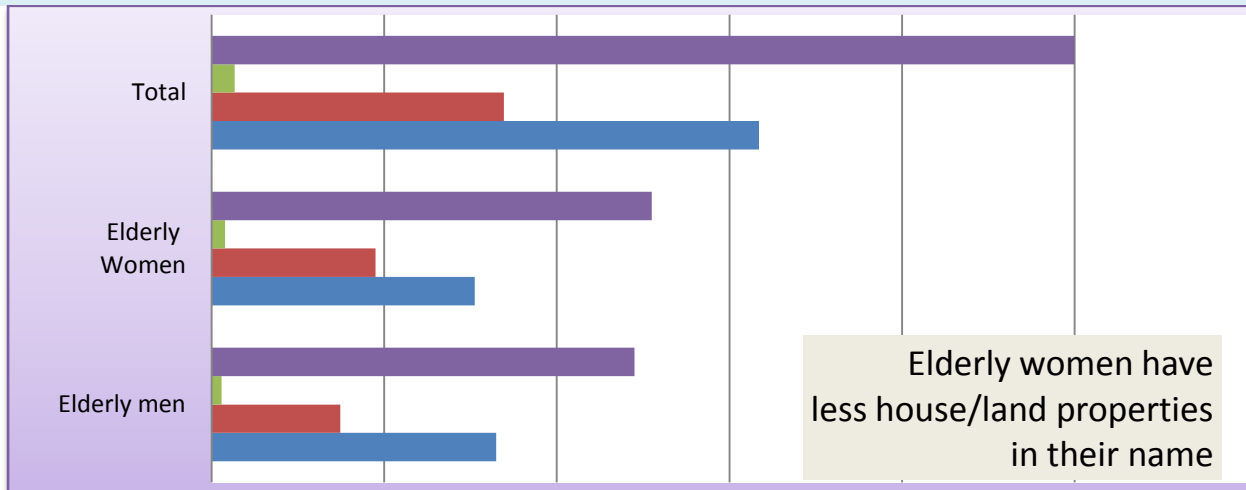
- *Though elderly women live longer than their male counterparts, but overall healthcare needs and requirements are often ignored by their family members.*
- *Their general illnesses never attract attention of their family members.*

FINANCIAL

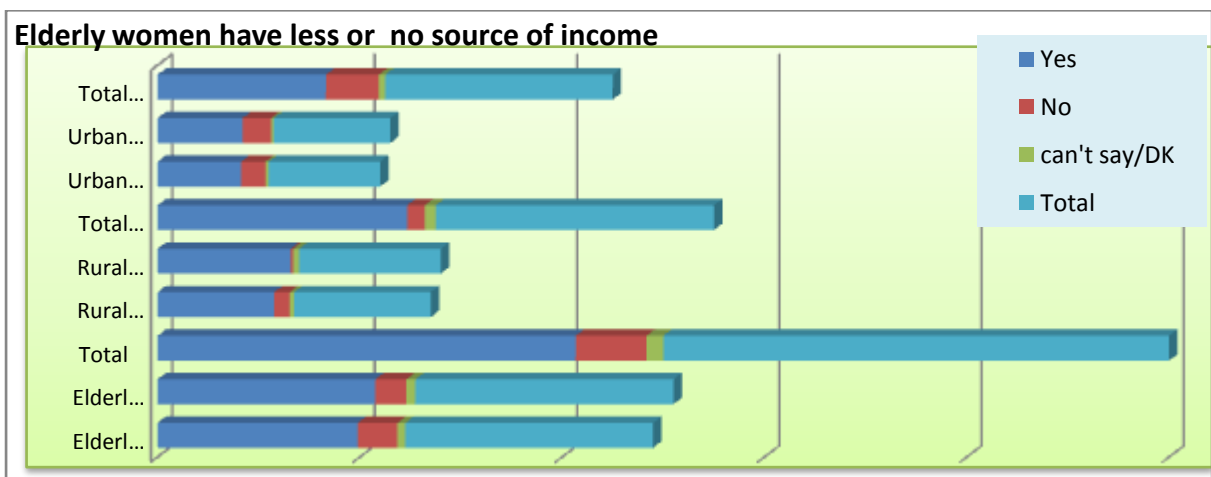
- During the survey conducted by Agewell volunteers it was found that as per 80.4% elderly respondents' financial status of elderly women is weaker.
- Only 16% elderly said that elderly women are financially not weaker but there is no relation between gender discrimination and their poor financial status.



- When survey data was analyzed gender wise, it was found that 79% elderly men and 81% elderly women said that financial status of elderly women is weaker because they are women and have fewer opportunities to earn their own income.
- 63.44% respondents (65% elderly men and 61% elderly women) admitted that elderly women have no or less house/land properties in their name due to gender discrimination.
- Only 1/3rd respondents claimed that gender discrimination has no role in determination of net worth value of elderly women.

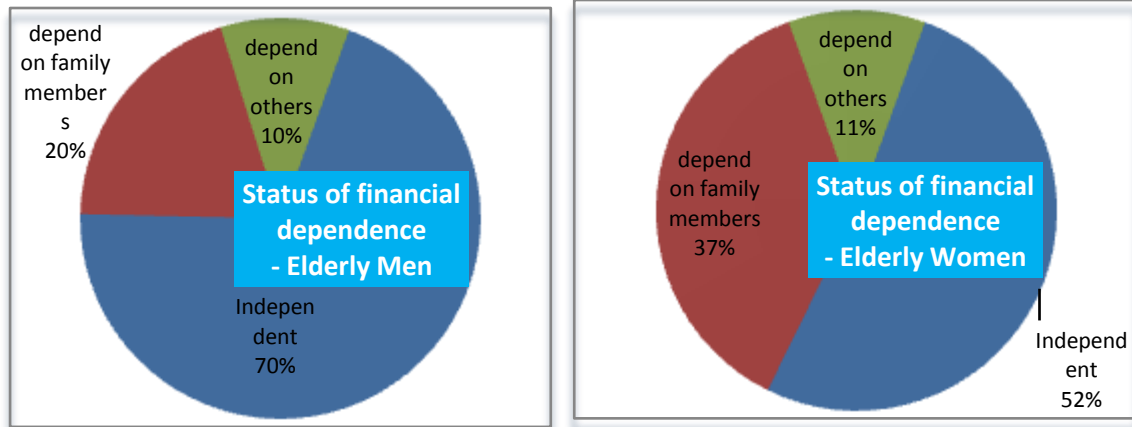


- In rural areas 67.5% elderly respondents said that there are hardly any land/house properties in the name of elderly women, whereas in urban areas. In urban areas 58.2% elderly respondents claimed that elderly women have less house/land properties in their name due to gender discrimination.
- 83% respondents (5701 out of total 7000 elderly respondents interviewed) admitted that elderly women have less or no source of income just because of their gender. According to them, elderly men always get advantage of their gender.
- Only 13.8% elderly respondents were found to disagree with the fact that elderly women have less or no source of income due to gender discrimination.
- 3.4% elderly respondents had no idea about the relation of gender discrimination and availability of source of income.
- In rural areas, 91.2% older persons and in urban areas 72.3% said that gender discrimination is also one of the major factor responsible for less source of income of elderly women.



Status of financial dependence

- 70.2% elderly respondents were independent financially whereas only 51.4% elderly women were found financially independent.



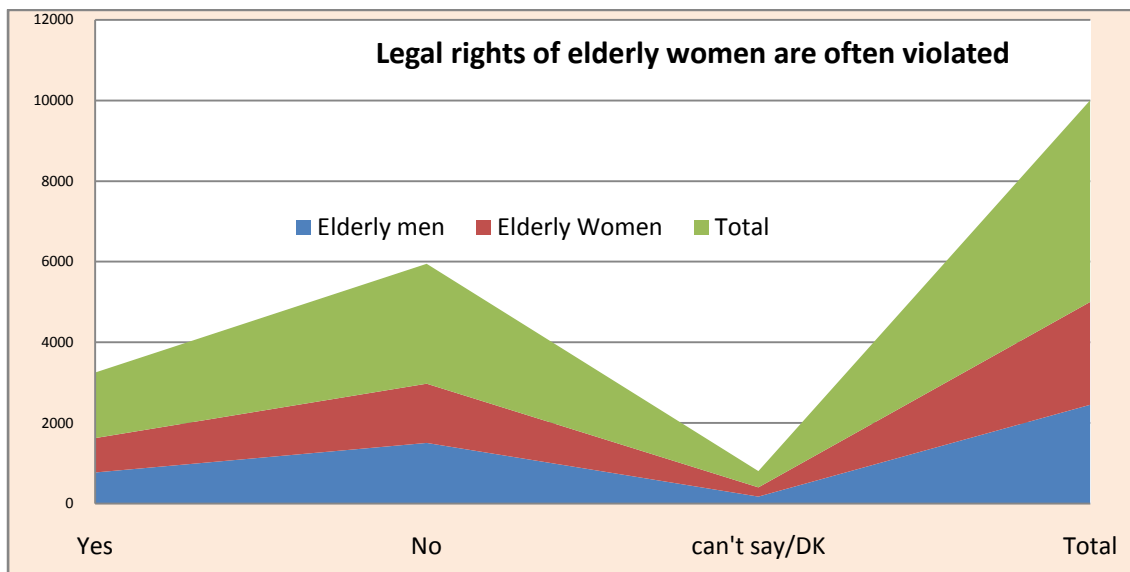
- 19.7% elderly men found to be dependent on their family members in old age, whereas 37% elderly women said that they are dependent on their family members.
- When elderly respondents were asked whether they have transferred their land/house property through WILL or any other medium, 39.7% elderly respondents said that Yes, they had transferred their properties to their legal successor or others legally.
- Out of them 93.5% elderly claimed that they had transferred their land and properties in the name of male heir (son, grandson, son-in-law, nephew, etc.).

- *In most of the families of Uttar Pradesh it is believed that elderly women have nothing to do with financial matters. Reasons –they are illiterate/uneducated, they have no knowledge and experience of finance, banks, govt. schemes and other financial instruments.*
- *In most cases, they are treated as rubber stamp by their respective family members.*



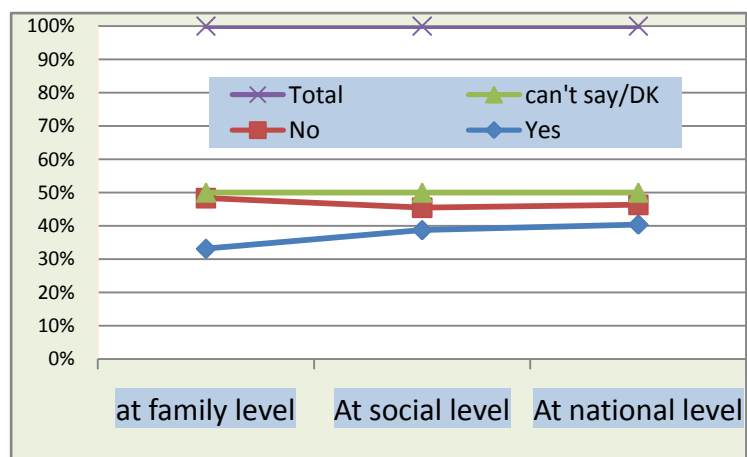
LEGAL

- 1/3rd respondents i.e. 33.1% (28% rural elderly and 38% urban elderly) reportedly said that legal rights of elderly women are often violated in comparison of legal rights of elderly men.



- Out of 7000 respondents, 2141 elderly respondents claimed that legal rights of elderly women are not respected just because of their gender.
- As per the survey data analysis, in urban areas violation of legal rights of elderly women is more common, where 37.2% elderly respondents expressed the same view. In rural areas almost 1/4th elderly respondents said that legal rights of elderly women are violated more often because of their gender.

- Study findings suggest that elderly women are ignored in decision making process to a large extent. According to 66.9% elderly respondents, they are ignored in decision



making process at family level.

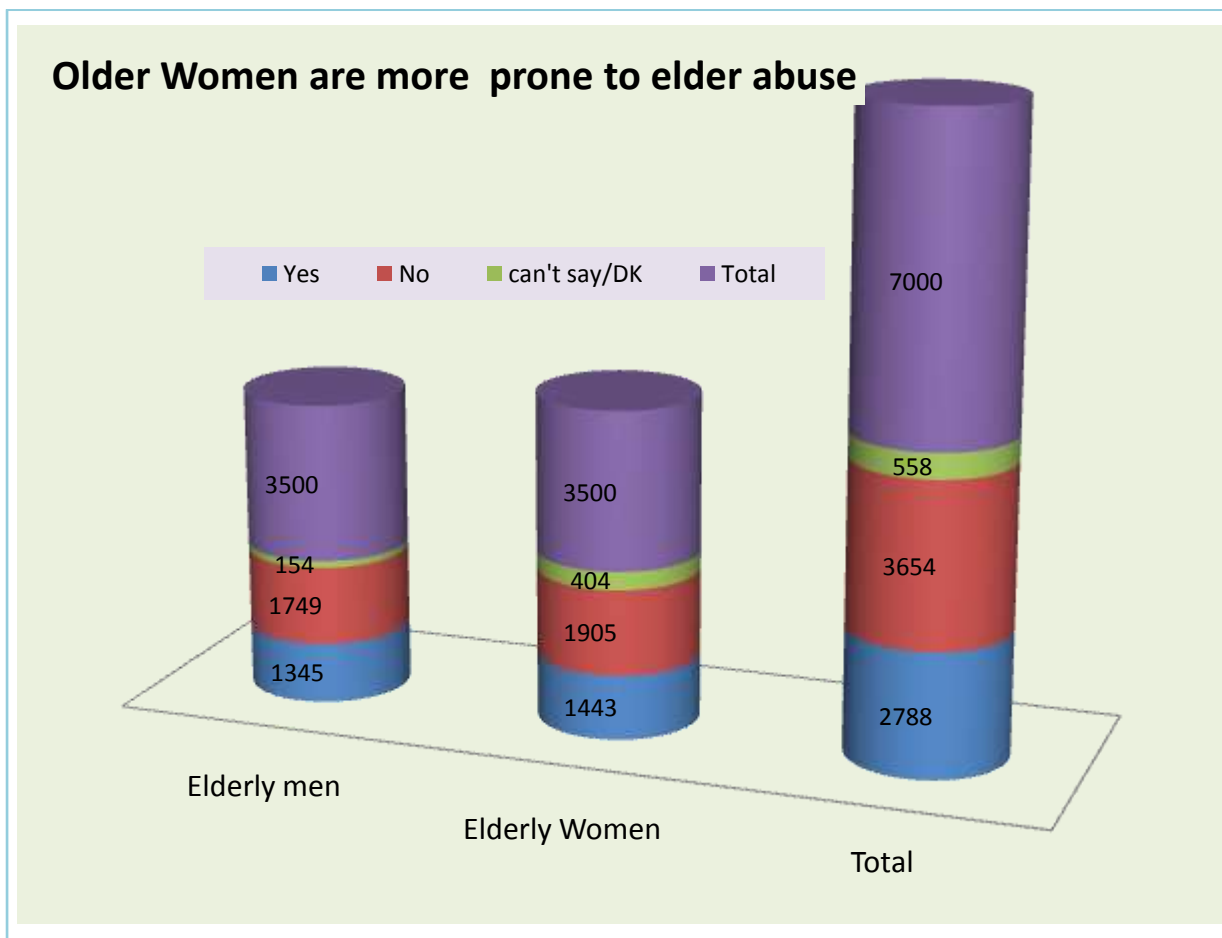
- According to 77.5% respondents (5410 out of 7000 respondents) elderly women are ignored in decision making process at society level. 80.2% elderly respondents (5614 out of 7000 respondents) said that elderly women are ignored at national level.



- *Elderly women have virtually no or minimal knowledge of their legal status, provisions & laws for their protection and overall security of elderly women.*
- *They always find themselves in no position to exercise their legal rights primarily because of their circumstances.*

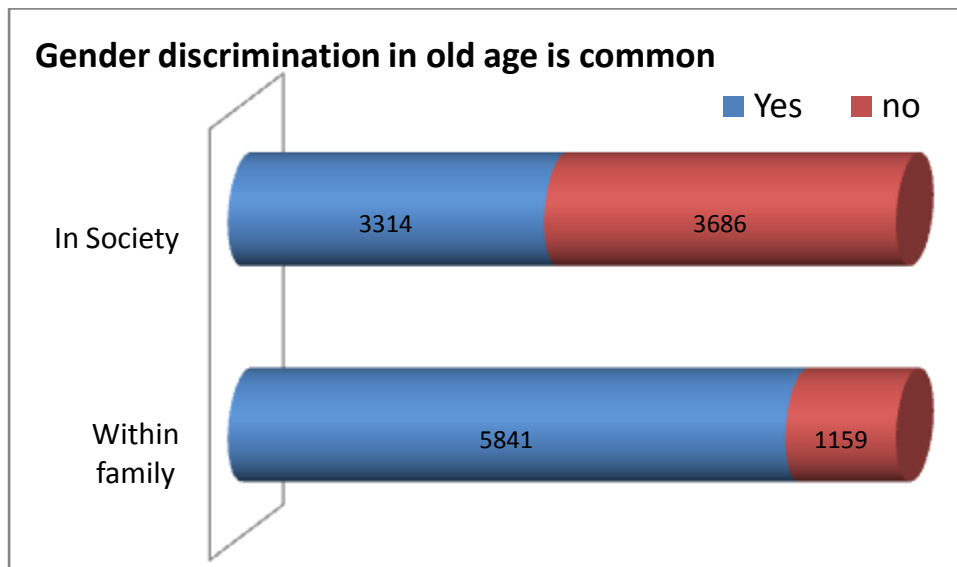
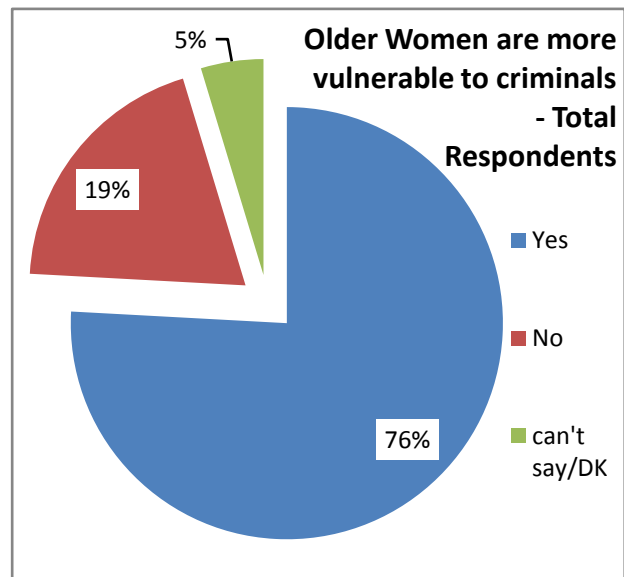
HUMAN RIGHTS

- Almost 2/5th respondents i.e. 39% (out of 7000 elderly respondents 2384 older persons) said that older women are more prone to elder abuse in comparison to older men.
- Respondents said that human rights of elderly women are violated more in comparison to human rights of older men.

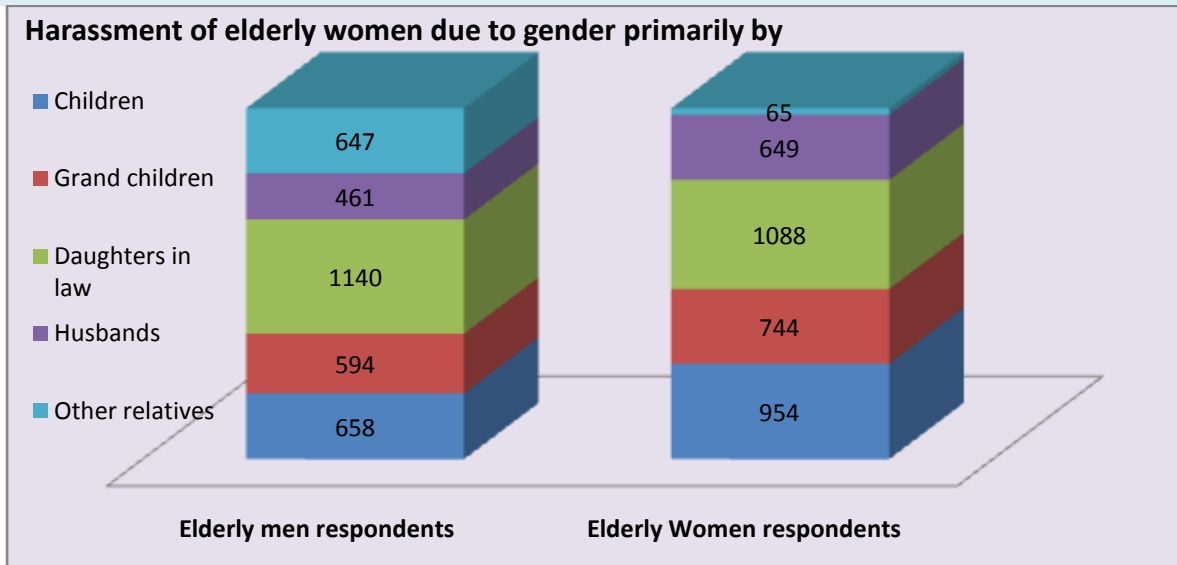


- 44.74% and 34.3% respondents from urban and rural areas respectively said that so far as protection of human rights are concerned elderly women always remain at the receiving end.
- 75.9 % elderly respondents (65.7% in rural areas and 88.38% in urban areas) said that older women are more vulnerable to criminals in comparison to elderly men.

- 19.4% respondents said that older women and older men are similarly vulnerable to criminals. As per their opinion, gender discrimination doesn't matter most in old age.
- As per 81% respondents' gender discrimination in old age within families is common. 90.2% older respondents said that gender discrimination in old age in society is also common.
- When an attempt was made to determine the status of gender based harassment, it was found that almost 1/4th respondents hold children of elderly women responsible for harassment as 24.1% respondents claimed that elderly women are being harassed due to gender.



- 31.8% respondents said that elderly women are primarily harassed by their daughters-in-law whereas 19% said that grand-children harass their elderly female family members.
- 15% respondents reportedly claim that elderly women are being harassed by their own husbands mostly.
- 10% respondents said that elderly women are harassed by other relatives.



- In both, rural and urban areas daughters-in-law are main source of harassment of elderly women. But in urban areas percentage of cases of harassment by daughters-in-law is higher (33%) in comparison to rural areas (30%).

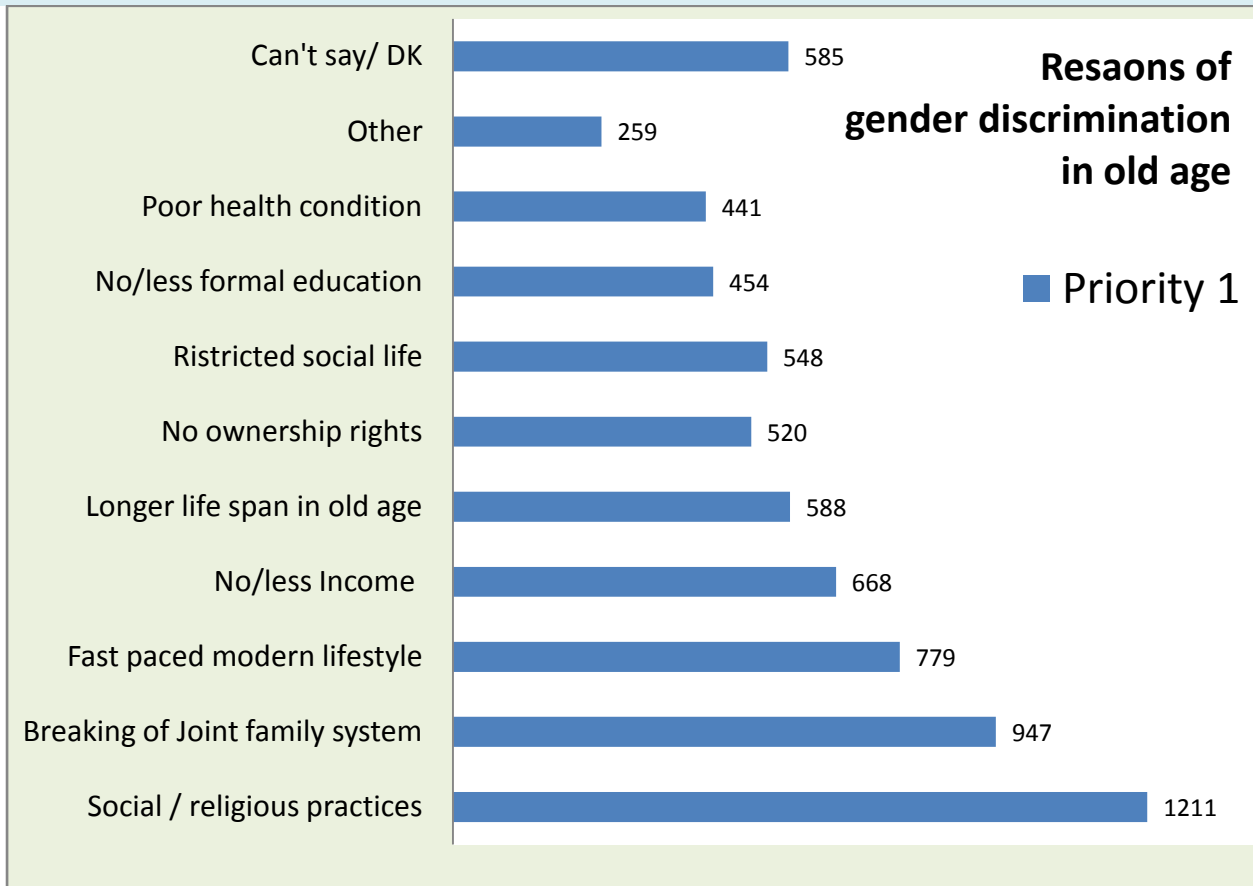


- Elder abuse is often termed as the ‘Curse of Old Age’.
- *There is a rising trend of violation of human rights of elderly women by their own family members because most of them are confined to live within four walls of their home.*
- *Due to their physical, psychological, financial and social vulnerability, they become soft targets for wrongdoers.*

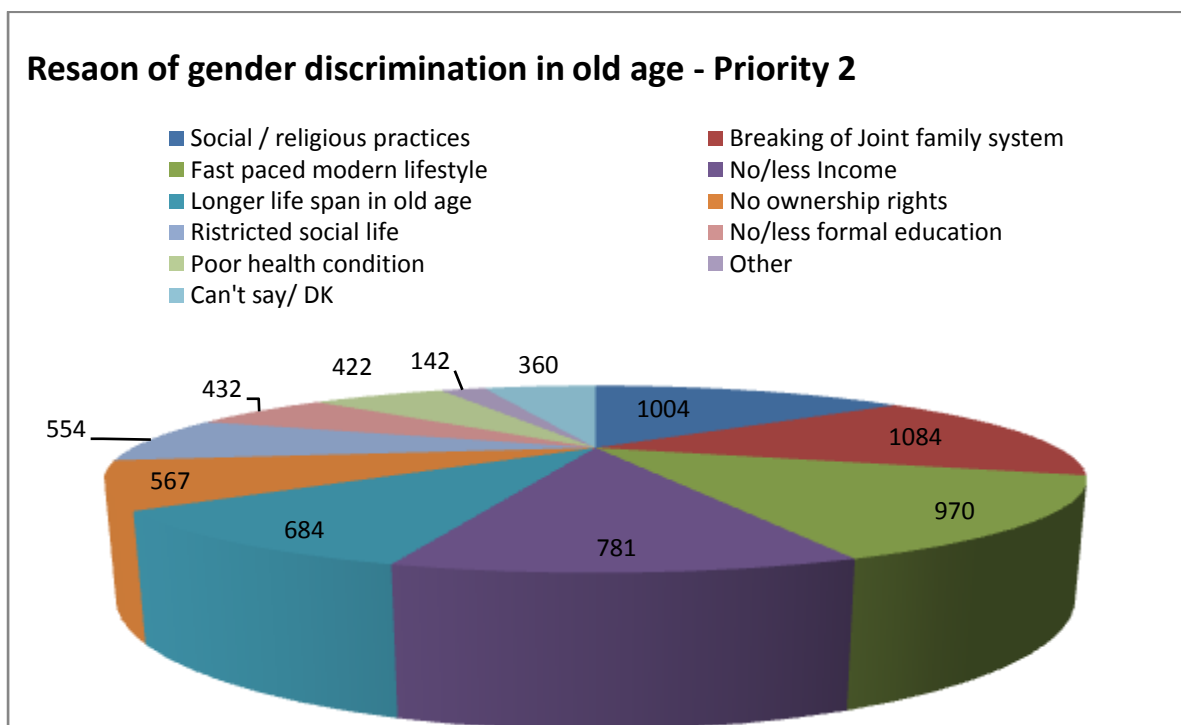
Factors responsible for gender discrimination in old age

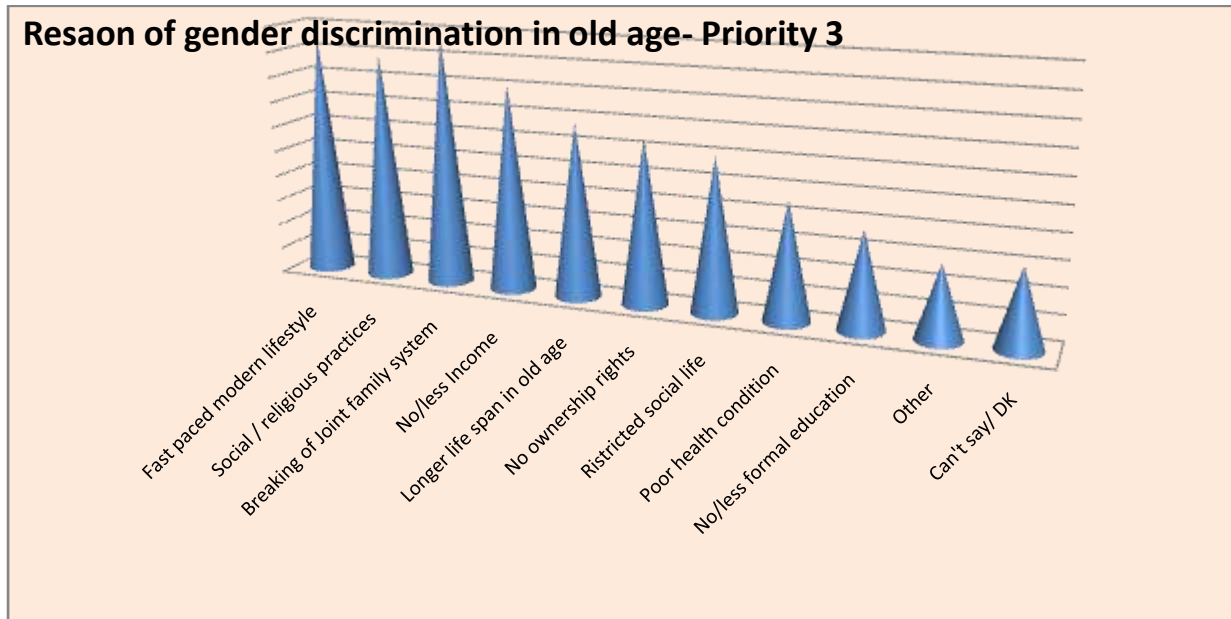
- Most respondents (13.8%) said social/religious practices are responsible for incidences of gender discrimination in old age. Out of 7000 respondents, 1211 respondents opined that our social and religious framework discourages gender equality and it continues in old age too.
- Breaking of Joint family system and popularity of nuclear families was also adjudged as most common factor responsible for gender discrimination in old age. 947 elderly respondents marked this as no. 1 factor.
- Second priority was given to social/religious practices by 1084 respondents. Again breaking of joint family system was given second priority by second most numbers (1004 respondents).

Reasons of gender discrimination in old age	1 st Priority	2 nd Priority	3 rd Priority
1. Social / religious practices	1211	1084	947
2. Breaking of Joint family system	947	1004	898
3. Fast paced modern lifestyle	779	970	974
4. No/less Income	668	781	811
5. Longer life span in old age	588	684	684
6. No ownership rights	520	567	649
7. Restricted social life	548	554	601
8. No/less formal education	454	432	461
9. Poor health condition	441	422	380
10. Other	259	142	285
Can't say/ Don't know	585	360	310
Total	7000	7000	7000



- Fast paced modern lifestyle was given priority by 974 respondents, which was the highest in priority 3 followed by social/religious practices with 947 preferences.



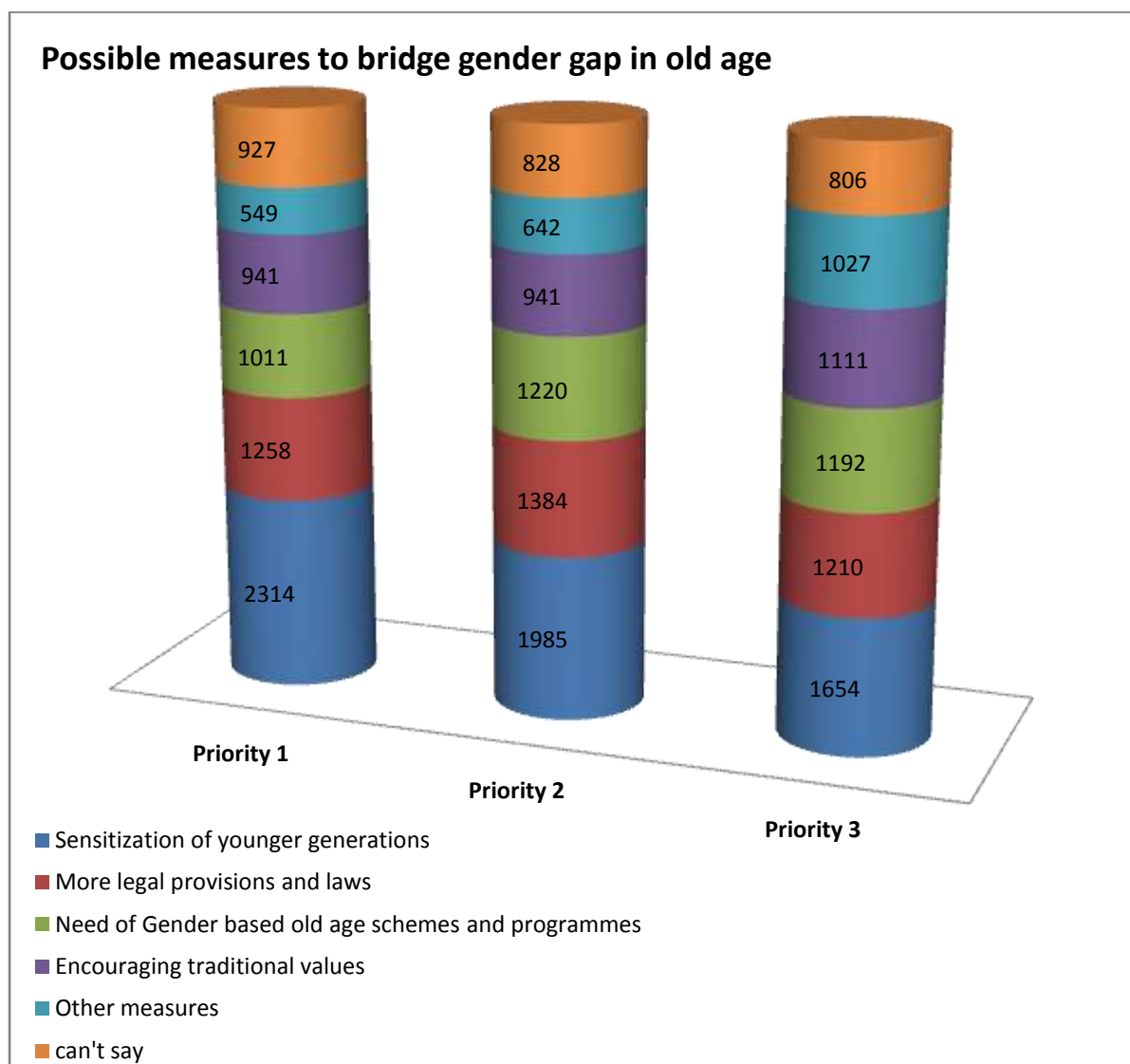


SUGGESTED MEASURES TO ELIMINATE GENDER DISCRIMINATION IN OLD AGE

- When respondents were asked to suggest their opinion eliminate discrimination based on gender in old age, 33.1% elderly respondents (2314 out of total 7000 respondents) submitted that they would like to suggest sensitization of younger generations as most appropriate measure to handle the situation.

Suggested measures to eliminate gender discrimination in old age	1 st Priority	2 nd Priority	3 rd Priority
1. Sensitization of younger generations	2314	1985	1654
2. More legal provisions and laws	1258	1384	1210
3. Need of Gender based old age schemes and programs	1011	1220	1192
4. Encouraging traditional values	941	941	1111
5. Other measures	549	642	1027
Can't say	927	828	806
Total	7000	7000	7000

- 1258 respondents (18% elderly respondents) said that more legal provisions and laws are their preference as most appropriate measures to promote the gender equality in old age.
- 28.4% respondents (1985 older persons) interacted during the survey gave 2nd priority to sensitization of younger generations. 1384 respondents i.e. 20% gave 2nd priority to modified legal provisions and laws as best measures to displace the gender discrimination.



- 3rd priority was again given to sensitization of younger generations towards elderly women by most respondents (1654 out of 7000 respondents).



Study concludes that creating awareness about gender equity through various media is required to get rid of gender discrimination against women particularly in old age.

REPRESENTATIVE STATEMENTS FROM OLDER PERSONS

“My sons and their family settled down abroad. We live alone in our house. Since my husband is confined to bed, security and safety has turned into a bigger trouble for me. Now people have also started encroaching on our house boundary. Being an old woman I have become soft target for my neighbors.

- Ganga Devi, 71, Lucknow

“My family members don’t allow me to join in family matters, because of my old age. During family functions they don’t allow me to interact with guests & relatives and keep me busy with household chores. It’s because our social and religious practices”.

Shyama Yadav, 75-year-old, Aligarh

“Women are not allowed to go out without burqas in our society. Their age doesn’t matter. These laws are natural for us and there is not matter of gender discrimination, it’s a moral practice.”

Khalida, 74-year-old, Meerut



“It hurt me a lot when my own husband didn’t take me along to our family functions. He still calls me rude, impolite, unqualified lady and ignores me. Following his suites my family members also insult me from time to time, even in my old age. ”

Seeta Tiwari, 69-year-old lady, Gorakhpur

“My old age has become hell due to my daughter-in-law’s harsh behavior towards me. After demise of my husband I live like a housemaid in my own house, because I am a widow. Being a widow I have no option but to suffer.”

- Rajjo Rani 85-year-old widow, Kanpur

OBSERVATIONS

Most of the older persons are used to ignore age discrimination only. Awareness about basic and human rights of elderly women is negligible. Young old people (60+), particularly living in urban or semi-urban areas seem to be familiar with basic human rights of the elderly women.

Popularity of nuclear family system and resultantly transformation of traditional joint family system into small family system is one of the main factor responsible for continuance of age and gender discrimination, in old age.

In many households elderly women are confined to their homes and work as caretakers of the house and grandchildren. Since most elderly women depend on their children, they have no or limited role in decision making process at family level.



In comparison to rural Uttar Pradesh cases of violation rights of elderly women with family is on rise in urban or semi-urban areas of the state. Prevalence of age old rigid social, religious and cultural gender discriminatory practices, lack of intergenerational interaction due to fast paced modern lifestyle, limited or virtually zero social interaction of elderly women, restricted family life within four-walls of their houses, non-existence of social security system for elderly women, etc are among the most important reasons of dejected condition of elderly women in Uttar Pradesh.

In almost all communities of Uttar Pradesh, women have no separate entity. Even under social security schemes they are hardly covered as direct beneficiaries. They are always recognized by the name and status of their husbands. Once their husband becomes old, wife is also treated as old women. Their age never matters. They have to live with “Old Age” tag for almost 2-3 decades.

Due to their comparatively simpler, religiously sound and psychologically constant lifestyle elderly women live longer. Elderly women are the biggest sufferer of age discrimination in old age due to their longer life span, poor financial and health status and marginalisation, isolation and even dejection in old age.

CONCLUSION

In changed socio-economic and demographic set up of Uttar Pradesh, elderly women face increased incidences of age discrimination, ageism, elder abuse and mistreatment of older community, which are strictly against any civilized society.

Awareness about gender equality in the society, particularly among older persons and protection of basic and human rights of elderly women is very urgent, particularly in view of their longevity.

To decrease the incidences of age-discrimination within families, society and at state level various gender equality supportive measures need to be undertaken at various levels.



In Uttar Pradesh there is an urgent need for inclusive social security program for older women at grass root level while utilizing tools like value based education, awareness generation, research & advocacy in order to protect basic and human rights of older persons with special attention on elderly women.

In view of fast-paced modern lifestyle, ever-widening intergenerational gap, longevity of elderly women and comparatively miserable living conditions of elderly women, there is a pressing need to;

- Inculcate a sense of responsibility among younger generations towards needs & rights of older women through curriculum of schools and colleges and promote traditional joint family system and rich cultural values.
- Special focus on social security schemes dedicated to elderly women with special focus on widows, dejected, dependent elderly women and its implementation with a practical approach.
- Promote social interaction of elderly women through various governmental, non-governmental, individual mediums like Self- Help Groups of women, Social Patrol, Health check-up programs, etc.
